ADDING IT UP **Investing in Sexual and Reproductive Health in Eastern Asia**

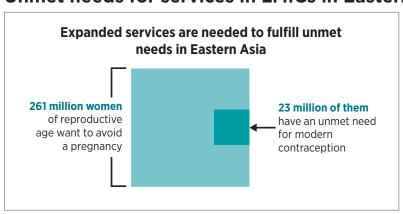


The Adding It Up study examines the need for, impact of and cost of fully investing in sexual and reproductive health care—services that together ensure people can decide whether and when to have children, experience safe pregnancy and delivery, have healthy newborns, and have a safe and satisfying sexual life.

WHO: Women of reproductive age (15-49) in three low- and middle-income countries (LMICs)* in Eastern Asia in 2019

WHAT: Contraceptive services, maternal care, newborn care, abortion services and treatment for the major curable STIs

Unmet needs for services in LMICs in Eastern Asia



Lack of high-quality sexual and reproductive health care puts women at risk.

- 2.2 million have abortions in unsafe conditions
- 5,100 die from causes related to pregnancy and childbirth
- 31 million do not receive the treatment they need for chlamydia, gonorrhea, syphilis and trichomoniasis

Among women who want to avoid a pregnancy, unmet need is higher for adolescents aged 15-19 than for all women aged 15-49 (24% versus 9%).

Each year, 17 million women in Eastern Asia give birth, and many do not receive needed care

5.1 million make fewer than four

antenatal care visits

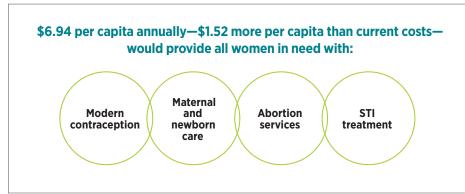
70,000 do not deliver in a health facility

92.000 do not receive the care they need following a major obstetric

complication

325,000 have newborns who do not receive needed care for complications

Cost of meeting all service needs in LMICs in Eastern Asia



Every \$1 spent on contraceptive services beyond the current level would save \$2.46 in maternal, newborn and abortion care because contraception reduces the number of unintended pregnancies.

^{*} Countries classified by the World Bank as having a 2018 gross national income per capita of \$12,375 or less. LMICs in this subregion are China, Democratic People's Republic of Korea (North), and Mongolia.

Impacts of expanding and improving services

Investing in sexual and reproductive health care in LMICs in Eastern Asia would greatly reduce risks for women and newborns

	Annual no. at current levels - of care	Annual no. - if all needs = are met	No. averted = if all needs are met	% change if all needs are met
Unintended pregnancies	23 million	11 million	12 million	-52%
Unplanned births	2.9 million	1.4 million	1.5 million	-52%
Unsafe abortions	2.2 million	1.0 million	1.1 million	-52%
Maternal deaths	5,100	3,500	1,600	-32%
Newborn deaths	75,000	39,000	36,000	-48%
HIV infections in babies ≤6 weeks	700	60	640	-91%
Cases of infertility caused by untreated STIs	794,000	0	794,000	-100%

Notes: Based on 2019 data. Numbers are rounded. Percentage change was calculated from unrounded data.

For additional detail, see appendix to the full report at https://www.guttmacher.org/report/adding-it-up-investing-in-sexual-reproductive-health-2019.

Investing for the future

- → The interventions that make up the recommended care have proven feasible to implement in diverse settings around the world.
- → Investing in them provides national and local governments, the private sector and international development partners with good value for money.
- → By saving lives and improving women's health and well-being, sexual and reproductive health care benefits individuals and families and contributes to countries' social and economic development. Such care would also enable people to exercise their sexual and reproductive rights.

Source

The information in this fact sheet can be found in Sully EA et al., Adding It Up: Investing in Sexual and Reproductive Health 2019, New York: Guttmacher Institute, 2020.

Acknowledgments

This fact sheet was made possible by UK Aid from the UK Government and grants from the Bill & Melinda Gates Foundation, The Children's Investment Fund Foundation and the Dutch Ministry of Foreign Affairs. The findings and conclusions contained within are those of the authors and do not necessarily reflect positions or policies of the donors.



Good reproductive health policy starts with credible research

guttmacher.org

125 Maiden Lane New York, NY 10038 212.248.1111 info@guttmacher.org