

**Table 1. Percentage distributions of U.S. adults aged 18–30, by measure of substance use over the preceding year, according to sex**

Substance use	All (N=974)	Men (N=426)	Women (N=548)
<b>Drinking</b>			
Not in past year	24.8	21.9	27.7***
<monthly	15.4	9.7	20.9
Monthly	25.9	22.4	29.2
Weekly	33.9	46.0	22.3
<b>Heavy drinking†</b>			
Not in past year	52.0	38.9	64.7***
<monthly	33.0	38.5	27.6
≥monthly	15.0	22.6	7.7
<b>Drinking to intoxication</b>			
Not in past year	48.6	42.1	54.9***
<monthly	21.9	20.4	23.4
≥monthly	29.4	37.5	21.7
<b>Cigarette use</b>			
Not in past year	57.5	57.3	57.7
<monthly	6.1	5.3	6.9
≥monthly	36.4	37.5	35.4
<b>Marijuana use</b>			
Not in past year	79.1	70.5	87.5***
<monthly	13.6	18.3	9.1
≥monthly	7.2	11.2	3.4
Total	100.0	100.0	100.0

\*\*\*Difference between men and women is statistically significant at  $p < .0001$ . †In this and subsequent tables, heavy drinking is defined as the consumption of five or more drinks on at least one occasion in the preceding year.