

**Table 1. Summary of program components, participant characteristics and evaluation design of five selected adolescent pregnancy prevention programs**

Program and location	Program components	Program intensity	Population characteristics	Groups compared	Evaluation design	Follow-up period	% followed
Postponing Sexual Involvement (Atlanta)	Abstinence; life skills; sex ed.; contraceptive ed.; contraceptive access†	10 classes over 3 mos.	Low-income; urban; black	8th graders (487 participants; 178 controls)	Matched school design; participants and controls selected using birth and poverty criteria	1.0–1.5 yrs.	84
Reducing the Risk (California)	Abstinence; life skills; sex ed.; contraceptive ed.	15 classes over 3 wks.	Mixed income; rural and urban; mixed race and ethnicity	9th and 10th graders (586 participants; 447 controls)	Random assignment of classes	1.5 yrs.	73
School/Community Program (South Carolina)	Abstinence; life skills; sex ed.; contraceptive ed.; contraceptive access‡	Varied	Low-income; rural; mixed race	14–17-year-old girls (all in program area vs. all in adjacent areas)	Matched area design with baseline and follow-up measures	3–6 yrs.	na
Self Center (Baltimore)	Abstinence; life skills; sex ed.; contraceptive ed.; contraceptive access‡	Continuous	Low-income; inner-city; mostly black	Middle school and high school students (all in program and control schools who were present for tests)	Matched school design with baseline and follow-up measures	3 yrs.	na
Teen Talk (Texas and California)	Abstinence; life skills; sex ed.; contraceptive ed.; contraceptive access†	6 sessions (12–15 hours) over 2–3 wks.	Low-income; rural and urban; mixed race and ethnicity	13–19-year-olds (722 participants; 722 controls)	Random assignment of classes and individuals	1 yr.	62

†Indirect access provided by program staff, who were workers from family planning clinics. ‡Program staff provided contraceptive services on site or nearby. *Note:* na=not applicable.