

Table 4. Percentage of sexuality education teachers who taught specific skills and concepts, by year and approach to teaching abstinence

Skills and concepts	Year		Approach to teaching abstinence	
	1988	1999	Only option	Best/one option
STD/HIV facts and prevention†	u	89.5	90.1	92.9
There are many types of STDs	u	94.7	96.6	96.9
Sexual abstinence as a form of prevention	91.2	94.6***	98.7	98.1
Symptoms of STDs/HIV are sometimes hidden, absent or unnoticed	u	93.6	95.9	95.5
Only some STDs are curable	u	91.7	93.1	94.7
Signs and symptoms of STDs/HIV	92.4	91.7	93.7	94.2
STDs/HIV can be contracted during oral or anal intercourse	u	80.4	76.5	85.2***
Sexual monogamy as a form of prevention	81.2	80.1	76.3	85.4***
Sexual behavior and abstinence†	u	75.4	78.5	78.5
How alcohol and drugs affect behavior	u	91.2	93.0	93.4
Negative consequences of sexual intercourse for teenagers	86.1	91.1***	94.2	94.3
How to resist peer pressure to have sexual intercourse	79.3	85.7***	93.0	89.7*
Sexuality is a natural and healthy part of life	u	83.1	82.6	86.6
How to stick with a decision, even under pressure	u	80.4	86.3	81.5*
How to say no to a boyfriend/girlfriend who wants to have sexual intercourse	78.4	77.0	85.5	79.2**
Specific ways to avoid sex	u	70.0	76.9	72.2
Difference between consensual and forced sexual contact	u	68.7	70.5	72.4
The importance of both partners agreeing to any sexual behavior	u	68.2	65.5	73.4**
How to recognize and resist media pressure regarding sexual behavior	u	67.4	70.3	70.5
How to negotiate sexual limits	u	47.1	45.9	50.5
STD/HIV services†	u	66.5	63.2	71.2**
Importance of notifying all sexual partners if infected	86.4	78.1***	76.7	82.1*
Confidential testing and treatment is available for teenagers without parental consent	u	62.7	55.3	68.6***
Names of clinics or other specific sources students can go to for help	64.8	58.7***	57.6	63.0
Methods for pregnancy and infection prevention†	u	52.0	38.7	59.4***
Use of condoms as a form of STD/HIV prevention	88.9	78.0***	59.9	87.8***
Pregnancies should be planned	u	62.6	56.9	68.5***
The importance of using a method correctly and consistently	u	61.8	47.0	70.5***
How individual birth control methods work	70.5	60.3***	45.9	68.2***
The importance of using both a condom and a more effective birth control method to avoid both pregnancy and STDs/HIV	u	60.2	45.6	68.6***
Which methods can be purchased at a drug, grocery or convenience store and which methods require a doctor or clinic visit	u	50.3	34.4	58.5***
How to communicate with a sexual partner about birth control	46.4	47.0	37.5	53.2***
Information about specific clinics or doctors students can go to for birth control	48.5	35.3***	24.7	41.4***
The proper way to use a condom (using printed material, film or demonstration)	36.8	33.4	17.8	40.4***
Showing of actual birth control devices	33.8	30.8	17.4	36.8***

*p<.05. **p<.01. ***p<.001. †Percentages are averages of all items in this group. Averages for 1988 are not calculated because data are not available for many items. Note: u=unavailable; question not asked.